## Job Description:

Role : Trainer for Menstrual Hygiene & Trashonomics
Location : Billapura GP, Anekal District, Bengaluru Urban.

Job Type : Part time

#### **About Us:**

We are a social impact organization, we focus on securing social justice for waste pickers through interventions co-created with waste pickers, in the areas of identity rights, access to employment, skill development, and access to family education, healthcare, housing & other social security / entitlements. We are actively engaged in multi-tier policy advocacy. <a href="https://hasirudala.in/">https://hasirudala.in/</a>

#### **Position Overview:**

The **Menstrual Hygiene & Trashonomics Trainer** will play a vital role in promoting health and environmental awareness among schoolchildren and the community within the gram panchayat area. This role focuses on equipping students and the community women with essential knowledge about waste management and menstrual hygiene and sustainable waste management practices, enabling a healthier and more eco-conscious community.

# Key Responsibilities:

#### 1. Menstrual Hygiene Training:

- Conduct awareness sessions on menstrual health and hygiene for community members and students, primarily targeting adolescent girls.
- Educate students and women in the community about sustainable menstrual products and proper disposal methods.
- Address myths and taboos surrounding menstruation in a culturally sensitive manner.
- Distribute educational materials to promote informed choices.
- Provide training to the ground functionaries like Asha and Anganwadi workers.

#### 2. Trashonomics Training:

- Educate students on waste segregation, effective management practices, and the environmental consequences of improper disposal, as outlined in the Trashonomics textbook.
- Conduct interactive workshops on 3Rs (Reduce, Reuse, Recycle) and composting techniques.
- Encourage the adoption of eco-friendly practices within schools and households.
- Collaborate with school management to establish or strengthen waste management systems.

#### 3. Community Engagement:

- Engage parents and school staff and the community in awareness programs to create a holistic approach to menstrual hygiene and waste management.
- Partner with local stakeholders and gram panchayat officials to strengthen advocacy for sustainable practices.

#### 4. Coordination and Reporting:

- Work with schools and local health/education departments to schedule sessions effectively.
- Maintain records of training activities, participant feedback, and observed impact.
- Submit monthly reports with recommendations for program improvements.

#### 5. Capacity Building:

- Train school staff and student leaders to sustain menstrual hygiene and waste management initiatives.
- Collaborate with local NGOs/CBOs or organizations for additional support or resources.

#### Qualification and Skills:

- A degree or diploma in the related field
- Prior experience in training or teaching, particularly with schools or rural communities is preferred.
- Strong communication and facilitation skills are preferred.
- Fluency in the local language i.e., kannada is essential.
- Creative and interactive teaching methods to engage students and the community effectively
- Basic computer skills for preparing reports and documentation.

Place of Posting : Billapura Gram Panchayat

Expected Date of Joining : Immediate.

Payscale : Rs. 15000 per month

### Application instructions: -

• Please submit your application consisting of resume along with a cover letter to: hr@hasirudala.in and CC: to nirmala@hasirudala.in

- Please mention 'Trainer for Menstrual Hygiene & Trashonomics' in the email subject line.
- Candidates residing in or near Billapura will be given preference.
- Please note that only shortlisted candidates will be contacted.